KENDRIYA VIDYALAYA NAD KARANJA

HOLIDAY HOMEWORK(SUMMER VACATION) 2020-2021

CLASS X(A/B/C)

SUB:ENGLISH

READING SKILL

1. MEDITATION

Watching is meditation. What you watch is irrelevant. You can watch the trees you can watch the river, you can watch the clouds, you can watch children playing around. Watching is meditation. What you watch is not the point; the object is not the point. The quality of observation, the quality of being aware and alert – that's what meditation is. Remember one thing; meditation means awareness. Whatsoever you do with awareness is meditation. Action is not the question, but the quality that you bring to your action is. Walking can be a meditation if you walk alert. Sitting can be a meditation if you sit alert. Listening to the birds can be a meditation if you listen with awareness. Just listening to the inner voice of your mind can be meditation if you remain alert and watchful. The whole point is, one should not move in sleep. Then whatsoever you do is meditation.

The first step in awareness is to be very watchful of your body. Slowly, one becomes alert about each gesture, each movement. And as you become aware, a miracle starts happening; many things that you used to do before simply disappear; your body becomes more relaxed, your body becomes more attuned. A deep peace starts prevailing even in your body, a subtle music pulsates in your body. Then, start becoming aware of your thoughts; the same has to be done with emotions, you will be surprised what goes on inside you. If you write down whatsoever in going on at any moment, you are in for a great surprise. You will not believe that this is what is going on inside you. And ten minutes later, read it you will see a mad mind inside! Because we are not aware, this whole madness goes on running like an undercurrent. It affects whatsoever you are doing, it affects everything. And the sum total of it is going to be your life! So this madman has to be changed. And the miracle awareness is that you need not do anything except just become aware. The very phenomenon of watching it changes it. Slowly the madman disappears, slowly the thoughts start falling into a certain pattern; their chaos is no more, they become more of cosmos. And then again, a deeper peace prevails. And when your body and your mind are at peace you will see that they are attuned to each other too, there is a bridge. Now they are not running in different directions, they are not riding different horses.

For the first time, there is an accord, and that accord helps immensely to work on the third step- That is becoming aware of your feelings, emotions, and moods. That is the subtlest layer and the most difficult, but if you can be aware of the thoughts, then it is just one more step. A little more intense awareness is needed and you start reflecting on your moods, your emotions and your feelings. Once you are aware of all these three, they all become joined into one phenomenon. And when all these

three are one, functioning together perfectly, humming together, you can feel the music of all the three; they have become an orchestra - then the fourth happens, which you cannot do. It happens on the accord. It is a gift from the whole; it is reward for those who have done these three. And the fourth is the ultimate awareness that makes one awakened. One becomes aware of one's awareness- that is the fourth. That makes a Buddha, the awakened. And only in that awakening does one come to know what bliss is. The body knows pleasure, the mind knows happiness, the heart knows joy, and the fourth knows bliss. Bliss is the goal of sannyasi, of being a seeker, and awareness is the path towards it.

The important thing is that you are watchful, that you have not forgotten to watch, that you are watching......watching.....watching. Slowly as the watcher becomes more and more solid, stable, unwavering, a transformation happens. The things that you were watching disappear. For the first time, the watcher itself becomes the watched; the observer itself becomes the observed. You have come home.

Questions

1.	The	whole	journey	of	watching	follows	а	particular	order.	Arrange	the
	follo	wing o	ptions in	th	eir correct	t order.					

Awareness of thoughts.

ii. Awareness of moods.

iii. Awareness of one's awareness.

Awareness of the body. iv. iv, ii, i, iii

iv, iii, ii, i A.

B.

D. C. iv, i, ii, iii i, iii, ii, iv

- 2. From the passage which of the following statements are true in respect of ultimate awareness.
 - i. Constant practice helps us to achieve ultimate awareness.
 - ii. All those who can watch their moods can attain ultimate awareness.
 - iii. It is a conscious outcome of our practice of watching
 - iv. Ultimate awareness is bliss.
 - A. All four statements are correct. B.Only three statements are correct.
 - C. Only two statements are correct. D. Only one statement correct.
- 3. The author in the passage talks about a mad mind. Which of the following assumption is made by the author?
 - A. Minds of all men are mad. B.

A mad mind cannot be cured.

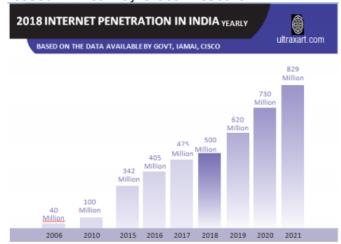
C. Not all minds are mad.

- D. A mad mind can be cured.
- 4. Which of the following titles is definitely true about meditation?
 - A. Watching is meditation.
- B. Meditation is watching.
- C. Awareness is meditation.
- Awakening is meditation. D.
- 5. "Bliss" in the above passage would mean
 - i. Awareness of the external environment.
 - ii Awareness of the internal self.

- A. Statement (i) is true.
- C. Both statements are true.
- B. Statement (ii) is true.
- D. None of the statements is true.

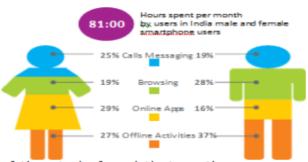
2. INTERNET PENETRATION

Fifty-three percent of Indians are connected to the internet every waking hour which is higher than the global average of 51 percent, a new international study has found. The continuous online connectivity is becoming a phenomenon in India with 53 percent respondents in the country saying they are connected to the internet "every waking hour," said the study conducted by a leading global management consulting firm, the London-based AT Kearney Global Research



"That is higher than 51 percent global average,36 percent in China and 39percent in Japan," said the study titled 'Connected Consumers Are Not Created Equal: A Global Perspective. 'The study covered 10 countries involving 10,000 respondents in July this year.

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The results of the study found that continuous connectivity is having a big impact on online retail in the country with social networks becoming a major influencing factor. "97 per cent of the respondents from India

said they have a Face book account with 77 per cent saying they logged into the social network daily," said the study.

According to the study, there are three key motivations for Indian people to be continuously connected to internet. First is interpersonal connection in which 94 per cent of respondents said that connecting with other people is a key motivation for going online. This factor is the highest among Indian respondents. The second factor, according to the study, is self-expression which is sharing opinions with others through the internet. The study says this factor is particularly strong in emerging markets and places where offline self-expression is limited.

In India, 88 per cent of respondents cited this as a factor for staying connected to the internet. It is a big motivator in China as well where 89 per cent cited it as a reason to be connected to the internet compared to the global average of 62 per cent. The third motivation is access to services or products and making purchases online. On this front, 92 per cent of the Indian respondents said they go online to access services or for shopping, the study said.

Ouestions

- 1. In which consecutive years internet penetration growth rates is the highest?
 - a) 2017-18b) 2018-19c) 2019-20d) 2020-21
- 2. The ratio of increase of internet penetration from 2016-17 to 2018-19 is
 - a) 40:77 b) 7:12 c) 7:11 d) 12:7
- 3. What are the motivating factors for the increased use of internet in India?
 - a) Sharing opinions with others.
 - b) Limitations in other modes of communication.
 - c) Interpersonal connection.
 - d) Access to services or products.
 - A . i. ii. iii are true but iv is false. B. ii. iii. iv are true but i is false.
 - C. iii, iv, i are true but ii is false. D. A
- D. All are true.
- d. Women out do men in terms of calls and messaging and use of online apps. The reasons could be
 - Online shopping saves time and goods and services can be had from the safety of their homes.
 - ii) As non-working women they have time for such messages and calls.

- iii) Calls and messages are better than writing letters.
- iv) Their movements are restricted when it comes to going out for shopping and services.
- A. Only i and ii are correct.
- B. Only ii and iii are correct.
- C. Only i and iv are correct.

- D. Only ii and iv are
- e) "Interpersonal connection and relations have widened and becomes stronger with the advent of internet and mobile users in India." Do you agree?
 - i) Yes, we can stay connected with our near and dear ones at the press of a button.
 - ii) No, internet has reduced in-person interaction. It has increased communication but not the connection.
 - A. i is true but ii is false.

B. ii is true but i is false.

C. Both i and ii are true.

D. Both i and ii are false.

SECTION B (WRITING & GRAMMAR)

- Q3. You recently visited a newly constructed mega mall in your city. Write a description of the same using the hints given below in about 80words. (4m)
 - •Huge, 5 floors
 - Spacious underground parking lot
 - Top of the line fashion outlets
 - •Big brands in ladies, kid's and men's wear
 - Food courts
- Q 4. Many students of your school volunteered for a two day meditation and yoga camp on the occasion of World Yoga Day. You feel meditation and yoga can be extremely useful in curing many childhood diseases as well as improving discipline and concentration of the students. Write a letter to the Editor in about 120 words on making yoga and meditation for students as a part of school curriculum.

Mr. Mehta wanted to buy a suitable family car. So, one fine morning he went to a showroom to have a look at the various options available and to decide on the variant that most suited him and his family. Read the conversation between Mr Mehta and the sales representative and complete the dialogue in a suitable way.

Sales Representative: Welcome sir. Please have a seat.

Mr. Mehta: Thank you very much, I am (a)...... family car.

country's most favoured brand Yakuti a and we have a number of

options that may suit you.

Mr. Mehta: Well, my budget is between 4 and 5 lacs.

Sales Representative: Also, please let us know(c)......

Mr. Mehta: We are four, my wife, two daughters and I and we want a petrol

car not diesel one.

Sales Representative: (Showing a brochure) Sir, I Would recommend you our best seller

brand 'Glitz'.

Mr. Mehta: (d).....?

Sales Representative: It has the most advanced engine that gives a good mileage and all

the features like, power steering, power windows, airbags and

comfortable design and space.

Mr. Mehta: That's fine. Please give me this brochure and I will discuss the

details with my wife and we will together visit you tomorrow.

Sales Representative: Very well sir. You are welcome.

Q6. The following passage has not been **edited**. There is one error in each line. Write the incorrect word and the correction. The first one has been done as an example.

	Incorrect	Correct							
E.g. Inactivity is the greater cause of overweighthese days. People physical activity had decreased these days. The main reason being there is many labour saving devices. People does not want to walk on foot. They spend enough time sitting and watch television. Their excess weight make them sick and they have to spend money in medicine. Q 9. Choose the correct option and complet	a b c d e f g h	greatest wing.							
Yesterday I(talk/was talking/am talking/wil		_							
fond of her (because/yet/and/but) she (of/against/for/about)her health that) days she is suffering from constant head new medicine that I (hear/heard/heard) of from my doctor (could/cant/would/can) try it, so from her headaches.	i(those aches. I told ad She said	e/these/this/ her about a heard/have d she							
SECTION C (LITERATU	RE)								
0. Answer the following questions in 30-40 work	ds:								
Who does Lencho think has taken rest of the money? What is the irony in the situation? Fire and ice, both are very powerful things to destroy the world. Which one do think is more destructive? Prove your point.									
What do the 'crow' and 'hemlock' represent — joy or sorrow? What does the dust of snow that the crow shakes off a hemlock tree stand for?									
iv. What did Mandela think about the oppres	sors and the	oppressed?							
 How did Mr. Herriot prove himself a good ve about 100 words. 	eterinary sui	rgeon? Answer in							

विषय - हिंदी

प्रश्न 1 : नेताजी सुभाष चन्द्र बोस के व्यक्तित्व एवं कृतित्व पर प्रोजेक्ट बनायिए ।

प्रश्न 2: दो औपचारिक तथा दो अनौपचारिक पत्र लिखिए।

प्रश्न 3: रचना के आधार पर वाक्य भेद बताकर तीनों प्रकार के पाँच-पाँच उदाहरण लिखिए तथा किन्ही 2 वाक्यों का तीनों प्रकार में रूपांतरण कीजिए।

प्रश्न 4:कोरोना विषाणु की महामारी पर निबंध लिखिए।

विषय संस्कृत

- 1 ' शुचिपर्यावरणम् ' श्लोकान्वयलेखनम् एवं अभ्यासप्रश्लाः
- 2 पत्रलेखनम्
- 3 अव्यय शब्दानां वाक्यरचना
- 4 स्वर सन्धिविच्छेदनम्
- 5 व्यजन सन्धिविच्छेदनम्
- 6 10 अपठितगद्यांश प्रश्नोत्तर सह लेखनम्

SUB: SOC STUDIES

- 1. Solve the exercises & worksheets of ch-1 of history, civics and geo.
- 2. Read these chapters carefully and prepare notes.

SUB:SCIENCE

- 1. Complete exercises and notes of chapters discussed.
- 2. Solve the extra questions given to you.
- 3. Make portfolio on given topics.
- 4. Solve the given Work-Sheets.

SUB:MATHEMATICS

- 1 REVISE chapters 1,2.
- 2. Practice revision worksheets provided for the said chapters.
- 3 proof the Euclid division lemma by an activity.

[&]quot;Submit completed copy of homework on very first day after reopening of the vidyalaya"

[&]quot;Stay home, stay safe" "wish you very happy vacations"